Career Building:
- Interviewing for Academic Jobs (1/31)
- Preparing for Behavioral Interview Questions: Showcase Your Experience in an Interview (2/7 & 2/28)
- Statements Overview: Teaching, Diversity, Research, etc (2/11)
- Ask a Postdoc Panel (2/21)
- Business Meal Etiquette (4/26)

Communication:
- How to Deliver a Winning Presentation (2/1 & 3/6)
- Improv Techniques for the Researcher (2/8)
- Story Telling 101 (2/13)
- Engaging Presentations and Distilling Your Message (2/22)
- Using Data to Tell a Story (2/25 & 3/20)
- 3 Minute Thesis (3MT): What does a winning presentation look like? (3/1)

Competitions:
- Say It In 6 (opens 2/4)
- Three Minute Thesis “3MT” (4/16)

Diversity:
- Diversity Statement Intensive Workshop with CIE & CILMAR (2/4)

Grantsmanship:
- NIH Fellowship F31 Information Sessions (1/22 & 1/28)
- NIH Fellowship F32/K-award Information Session (1/24)
- Fulbright Research and Study Grants – guidance for graduate students (2/19 & 2/20)
- Key Grantsmanship Strategies for More Successful Proposals (2/21)
- Finding Funding & Budgeting (3/21)

Research:
- Introduction to PURR (1/15)
- RCR: Research Integrity in the Life Sciences - Authorship and Publication (1/25)
- Conducting a Literature Review (2/5 & 3/6)
- Intro to Citation Management (2/5)
- RCR: Research Integrity in Engineering and Technology - Authorship and Publications (2/12)
- RCR: What You Should Understand About Copyright Before Publishing Your Research (2/15)

Teaching:
- Preparing an Effective Lecture (2/19)
- Developing and Using Rubrics to Grade Writing Assignments (2/14)
- Teaching Statement Intensive Workshop with CIE (2/11)

Success:
- Imposter Syndrome (1/29)
- Intro to LaTeX (2/6)
- Formatting Guidelines and Deposit Procedures Seminar (2/13 AM, 2/13 PM, & 2/15)
- Advanced LaTeX (2/27)
- Planning to Graduate On-Time (2/28)
- HammerRR Tour & DataConnect Introduction (2/4 & 2/5)

Wellness:
- Budgeting Basics (1/16)
- Let’s Talk Taxes (1/23)
- OPR - Suicide Prevention Certification Training (1/30 & 2/22)
- Eat Right When Your Budget is Tight (1/30)
- Eating & Body Image Issues (2/4)
- Time Management (2/6)
- Failing Forward: Turning Hardship into Triumph (2/18)
- Sleeping for Success (2/20)
- Healthy Eating on the Run (2/25)
- Diet, Stress, & Emotional Eating (2/27)
- Mindfulness (3/4)
- Success Over Stress (3/6)
- Work-Life Harmony: Combatting Burn-out or Burn-up in Research Careers (2/8)