

Let's Talk

Brought to you by CAPS

SPRING 2024

Tuesday 12-2 PM in the Hicks Undergraduate Library Conference Room

Wednesday 12-2 PM in the Graduate Student center Room 112

Friday 12-2 PM in Krach Room 238

**More information
about Let's Talk**



Let's Talk is a program that provides **confidential, informal in person drop-in consultations** for Purdue students throughout the academic year.

No appointment is necessary, so you can drop in during the scheduled times. Typically, each drop in is 15 minutes. Let's Talk is not a substitute for formal counseling and does not constitute mental health treatment, but counselors can listen to specific problems, provide support, help explore solutions and give information about other resources.

Let's Talk is not designed to provide crisis support-if you are currently experiencing a mental health crisis please utilize one of these resources:

Call CAPS: 765-494-6995.

Call the national crisis line: 988

